



# Academy of adult respiratory medicine

Part 1: 27-29 June 2023 – Online

Part 2: 9 September 2023 – Milan, Italy

## HERMES Self-assessment course

29 June 2023

---

### Tuesday, 27 June 2023

---

#### Welcome and introduction

09:00–09:15 Welcome - S. Loukides, S. Schiza, G. Kovacs

#### Session 1 – Airways diseases – S. Loukides

09:15–10:00 Overview of asthma and COPD

10:00–10:15 Discussion and Q&A

10:15–10:30 *Break*

#### Session 2 – Thoracic tumours I

10:30–11:15 NSCLC/SCLC management and overview of NSCLC/SCLC diagnosis and staging of thoracic tumours

11:15–11:30 Discussion and Q&A

11:30–11:45 *Break*

#### Session 3 – Thoracic tumours II

11:45–12:30 Mesothelioma and mediastinal tumours

12:30–12:45 Discussion and Q&A

12:45–13:45 *Lunch break*



---

## Tuesday, 27 June 2023

---

### Session 4 – Respiratory infections I

13:45–14:30 Overview of community-acquired pneumonia and hospital-acquired pneumonia

14:30–14:45 Discussion and Q&A

14:45–15:00 *Break*

15:00–15:30 Bronchiectasis

15:30–15:45 Discussion and Q&A

15:45–16:00 *Break*

### Session 5 – Respiratory infections II

16:00–16:45 Pulmonary tuberculosis and pulmonary nontuberculous mycobacterial diseases

16:45–17:00 Discussion and Q&A

---

## Wednesday, 28 June 2023

---

### Session 6 – Cystic fibrosis

09:00–09:30 Cystic fibrosis: paediatric

09:30–09:45 Discussion and Q&A

09:45–10:15 Cystic fibrosis: adult

10:15–10:30 Discussion and Q&A

10:30–10:45 *Break*



---

## Wednesday, 28 June 2023

---

### **Session 7 – Sleep-related disorders**

- 10:45–11:15 Overview of diagnosis of sleep-related breathing disorders – S. Schiza  
11:15–11:45 Overview of sleep apnoea and hypoventilation syndromes  
11:45–12:00 Discussion and Q&A

12:00–13:00 *Lunch break*

### **Session 8 – Interstitial lung diseases**

- 13:00–13:45 Sarcoidosis and overview of diffuse parenchymal lung diseases  
13:45–14:00 Discussion and Q&A

14:00–14:15 *Break*

### **Session 9 – Respiratory failure and ventilatory support**

- 14:15–15:00 Acute & Chronic respiratory failure  
15:00–15:15 Discussion and Q&A

15:45–16:00 *Break*

### **Session 10 – Pulmonary rehabilitation**

- 16:00–16:30 Overview of pulmonary rehabilitation  
16:30–16:45 Discussion and Q&A

16:45–17:00 *Break*

### **Session 11 – Smoking cessation**

- 17:00–17:30 Overview of smoking cessation  
17:30–17:45 Discussion and Q&A



---

## Thursday, 29 June 2023

---

### Session 12 – Pleural and mediastinal diseases

09:00–09:45 Overview of pleural effusion, pneumothorax and mediastinum  
09:45–10:00 Discussion and Q&A

10:00–10:15 *Break*

### Session 13 – Pulmonary vascular diseases – G. Kovacs

10:15–11:15 Pulmonary embolism, pulmonary hypertension and vasculitis

11:15–11:30 *Break*

11:30–11:45 Discussion and Q&A

11:45–11:55 Farewell from course organisers – G. Kovacs, S. Schiza, S. Loukides

---

### **HERMES examination self-assessment course**

*Additional registration required.*

*Special fee for Academy participants: €50*

Simulated HERMES examination (available until 14:30 CEST)

15:00–17:00 Feedback and discussion of examination questions



**Academy of adult respiratory medicine – Part 2**  
9 September 2023  
ERS International Congress  
Milan, Italy

---

**Saturday, 09 September 2023**

---

**Session 14 – Workshops**

*Participants will be divided into 3 groups and rotate each room*

09:00–09:15	Introduction to workshops - S. Schiza, S. Loukides, G. Kovacs		
09:15–10:00 Round 1	Lung imaging	Sleep-related disorders	Pulmonary function testing
10:00–10:45 Round 2	Lung imaging	Sleep-related disorders	Pulmonary function testing
10:45–11:00	<i>Break</i>		
11:00–11:45 Round 3	Lung imaging	Sleep-related disorders	Pulmonary function testing
11:45–13:00	<i>Lunch break</i>		



---

## Saturday, 09 September 2023

---

### Session 15 – Workshops

*Participants will be divided into 3 groups and rotate each room*

13:00–13:45 Round 1	Pulmonary circulation	Thoracic oncology	Workshop TBC
13:45–14:30 Round 2	Pulmonary circulation	Thoracic oncology	Workshop TBC
14:30–14:45	<i>Break</i>		
14:45–15:30 Round 3	Pulmonary circulation	Thoracic oncology	Workshop TBC

*End of course*